



Calcium Word Search

P	O	W	E	R	W	B	I	Z	Y	D
C	H	O	C	O	L	A	T	E	O	E
C	P	R	O	T	E	I	N	C	G	S
O	L	A	C	T	O	S	E	O	U	I
W	C	A	L	C	I	U	M	N	R	C
S	T	R	O	N	G	P	F	E	T	R
V	I	T	A	M	I	N	D	S	L	E
M	I	L	K	O	A	J	M	E	Y	X
U	S	P	I	N	A	C	H	E	U	E
C	F	Q	D	A	I	R	Y	H	Z	H
P	S	O	X	G	U	W	N	C	A	A
B	O	N	E	S	N	T	O	F	U	O

DIRECTIONS: Find the following words below. Some words may be spelled across, backwards, diagonal or vertical. **HAVE FUN!**

CHEESE
STRONG
PROTEIN
DAIRY
EXERCISE

SPINACH
CALCIUM
CHOCOLATE
BONES
MILK
YOGURT

VITAMIN D
LACTOSE
POWER
TOFU
COW

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“The Food Stamp Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact
1-800-221-5689.



Calcium Word Search – Answer Sheet

P	O	W	E	R	W	B	I	Z	Y	D
C	H	O	C	O	L	A	T	E	O	E
C	P	R	O	T	E	I	N	C	G	S
O	L	A	C	T	O	S	E	O	U	I
W	C	A	L	C	I	U	M	N	R	C
S	T	R	O	N	G	P	F	E	T	R
V	I	T	A	M	I	N	D	S	L	E
M	I	L	K	O	A	J	M	E	Y	X
U	S	P	I	N	A	C	H	E	U	E
C	F	Q	D	A	I	R	Y	H	Z	H
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