Card Game: Make a Classic Better

Classic Dishes

Brown Rice
Cheese Pizza
Turkey Sandwich on Whole Wheat Bread
Baked Potato
Meatless Spaghetti
Tuna

Resource 1: Eat Smart, Live Strong
Revised November 2012
# Card Game: Make a Classic Better

## Classic Dishes

<table>
<thead>
<tr>
<th>Macaroni and Cheese</th>
<th>Chicken Soup</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hamburger</td>
<td>Chili</td>
</tr>
<tr>
<td>Egg on Toast</td>
<td>Quesadillas with Cheese</td>
</tr>
</tbody>
</table>

*Cut along perforations*

Resource 1: *Eat Smart, Live Strong*
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Session 3
Card Game:
Make a Classic Better

Fruits

Cut along perforations

Sliced Avocado
Orange Juice

Raisins
Apple

Fruit Cocktail
Sliced Pineapple

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Fruits

Strawberries
Peach
Banana
Blueberries
Mango
Grapes

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Vegetables

<table>
<thead>
<tr>
<th>Sliced Cucumber</th>
<th>Carrots</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salad</td>
<td>Green Pepper</td>
</tr>
<tr>
<td>Navy Beans</td>
<td>Sliced Eggplant</td>
</tr>
</tbody>
</table>
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Vegetables

Tomatoes
Green Beans
Spinach
Peas
Corn
Broccoli

Cut along perforations

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