Your Body, Your Image

Instructions
Use this activity guide to analyze the people images in print media. Use this material to answer the questions.

1. Review the magazine or other available media, marking both illustrations and pictures of people; in advertisements, feature articles and other parts of the magazine.

2. Do the people look more similar or different from one another? Choose a rating from 1 (very similar) to 7 (very different)

   1  2  3  4  5  6  7

3. Do the images include a variety of body types and sizes? Choose a rating from 1 (little variety) to 7 (lots of variety)

   1  2  3  4  5  6  7

4. Looking at all of the images, do you notice any physical features that are similar in the people photos or illustrations? If yes, describe.

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5. Is there more people variety in advertisements, features articles or other components of the magazines?

   Advertising    Other    Pretty much the same
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